

# Rhode Island: Food Assistance

Last Updated: August 2022

The following information contains a few food assistance locations in Rhode Island.

## Definitions:

- Pantry: distribution center for free healthy and nutritious foods
- Meal sites: community sites with prepared meals and a place to eat

\*\* This list was created by students with the intention of increasing awareness of resources. It may not be representative of all available resources. We encourage you to do additional research before utilizing these resources to ensure that the information is accurate. \*\*

#	CITY	TYPE	AGENCY & ADDRESS	CONTACT	NOTES
1	Bristol	Pantry	East Bay Food Pantry 532 Wood St. Bristol, RI 02809	(401) 396-9490 eastbayfoodpantry.org	Open: Mon, Tues, Sat 10am-4pm; Fri 10am-3pm; Wed 10am-6:30pm Offers fresh foods and online pick up option
2	Central Falls	Pantry	Central Falls Food Pantry at Progreso Latino 626 Broad St. Central Falls, RI 02863	(401) 728-5920	Open: Mon, Wed, Fri No ID or appointment required, all immigrants welcome regardless of citizenship or immigration status
3	Central Falls	Pantry	Blackstone Valley Emergency Food Center 402 Dexter St. Central Falls, RI 02863	(401) 723-4520 blackstone-valley-emerg ency-food-center.busines s.site	Open: Mon, Wed, Fri 9am-11:30am Applicants are interviewed to determine need, provide 10-days supply of food once a month
4	Cranston	Pantry	Comprehensive Community Action Plan 311 Doric Ave. Cranston, RI 02910	(401) 467-9610 comcap.org	Open: Mon, Tues, Fri 9:30am-12:30pm and 2-4pm; Wed 9:30am-12:30pm and 2:30-6:30pm; Thurs 10am-1pm Also offers health services, youth education and job training, social service programs

5	Cranston	Pantry	Loaves & Fishes Food Pantry 499 Hope Rd. Cranston, RI 02921	(401) 822-2750 lfri.org	Deliver fresh food to needy populations via trucks
6	Cranston	Pantry	Haitian Baptist Church of Rhode Island 12 Lincoln Ave. Cranston, RI 02920	(401) 944-1440	Open: Fri 10am-12pm Guests can visit weekly, Creole/French and Spanish are also spoken
7	Coventry	Pantry	Coventry Food Services 191 MacArthur Blvd. Coventry, RI 02816	(401) 822-9199	Open: Tues and Wed 9am-1pm, Thurs 12-3:30pm
8	Coventry	Meal site	Society of St. Vincent de Paul 222 MacArthur Blvd. Coventry, RI 02816	(401) 828-3090	Open: Sat 11-11:30am Handicapped accessible
9	Cumberland	Pantry	Lighthouse Community Food Pantry 30 Meeting St. Cumberland, RI 02864	(401) 725-0335 lccri.org	Open: Mondays at 5pm
10	Cumberland	Pantry	Northern Rhode Island Food Pantry 1 Angell Rd. Cumberland, RI 02864	(401) 347-5714 nrifoodpantry.org	Open: 3rd Sat of each month, 8-11am
11	East Greenwich	Pantry	East Greenwich Interfaith Food Cupboard 99 Peirce St. East Greenwich, RI 02818	(401) 884-4116	Open: Mon, Wed, Fri 10:30am-12pm 02818 residents can visit twice a month, call if in need of emergency food
12	Johnston	Pantry	Johnston SDA 2693 Hartford Ave. Johnston, RI 02919	(401) 934-2310	Open: 3rd Tues of the month 4:30-6pm
13	Johnston	Pantry	St Robert's Food Closet 1804 Atwood Ave. Johnston, RI 02919	(401) 231-4987	Open: Thurs 10am-12pm
14	Johnston	Pantry	El Granero Food Pantry 1025 Plainfield St. Johnston, RI 02919	(401) 556-0664	Open: Sat 9-11:30am Spanish and Quiche spoken
15	Lincoln	Pantry	Lime Rock Baptist Church 1075 Great Rd. Lincoln, RI 02865	(401) 334-2999	Open: Sat 9-11am Must bring ID, proof of Lincoln residency, and bags to carry your food

16	Little Compton	Pantry	Little Compton Pantry 115 East Main Rd. Little Compton, RI 02837	(401) 592-0403	Open: Fri, Sat 9-10:30am Can also call at anytime for emergency assistance
17	Narragansett	Pantry	St. Peter by the Sea Community Market Pantry 72 Central St. Narragansett, RI 02882	(401) 783-4623	Open: Fri 3-5pm Residents can visit weekly
18	Newport	Pantry, meal site	Dr. Martin Luther King, Jr. Community Center 20 Dr Marcus Wheatland Blvd. Newport, RI 02840	(401) 846-4828 mlkccenter.org	Pantry open: Mon, Tues, Thurs, Fri 8am-5pm; Wed 8am-6pm Breakfast served Mon-Fri 7:30-8:30am
19	Newport	Meal Site	Edward King House 35 King St. Newport, RI 02840	(401) 846-7426 edwardkinghouse.org	Open: Mon-Fri at noon For those ages 60+ and/or handicapped
20	Newport	Meal Site	Community Baptist Church Meal Site 40 Dr Marcus Wheatland Blvd. Newport, RI 02840	(401) 846-3086	Meals served every Sat 4-4:45pm Handicapped accessible
21	North Kingstown	Pantry	North Kingstown Food Pantry 445 School St. North Kingstown, RI 02852	(401) 885-3663 nkfoodpantry.org	Open: Mon-Fri 10am-2pm
22	Pawtucket	Pantry	Blackstone Valley Emergency Food Center 75 Benefit St. Pawtucket, RI 02861	(401) 724-7170 blackstone-valley-emerg ency-food-center.busines s.site	Open: Mon, Wed, Fri 9am-11:30am Applicants are interviewed to determine need, provide 10-days supply of food once a month
23	Pawtucket	Pantry	Casa de Oracion Getsemani 38 Park St. Pawtucket, RI 02860	(401) 725-5010	Open: Sat 9-11:30am Spanish and Portuguese also spoken
24	Pawtucket	Pantry	Salvation Army 102 High St. Pawtucket, RI 02860	(401) 723-9533	Open: Mon-Sat 9am-5:30pm
25	Pawtucket	Pantry	Bethany Baptist Church 178 Sayles Ave. Pawtucket, RI 02860	(401) 724-5520	Open: last Sat of the month, 8:30-9:30am Must bring ID and rent receipt
26	Peace Dale	Pantry			

27	Providence	Meal Site	Center for Southeast Asians 270 Elmwood Ave. Providence, RI 02907	(401) 274-8811 cseari.org	Meals served Wed, Thurs, Fri 11am-2pm Specifically for those ages 60+, free transportation provided via RIPTA
28	Providence	Pantry	Rhode Island Community Food Bank 200 Niantic Ave Providence, RI 02907	(401) 942-6325 rifoodbank.org	Open: Mon-Fri 8am-5pm Also distribute food from community farms and offer nutrition education
29	Providence	Pantry	Federal Hill Food Center 35 Swiss St. Providence, RI 02909	(401) 421-1095 federalhillhouse.org	Open: Tues-Fri 9am-1pm
30	Providence	Pantry	Olneyville Food Center 261 Manton Ave. Providence, RI 02909	(401) 714-0057 federalhillhouse.org	Open: Tues-Fri 9am-2pm
31	Providence	Pantry	St. Edward Food Center 1001 Branch Ave. Providence, RI 02904	(401) 602-1880	Open: Wed 10am-2pm, 5-7pm Clients can personally select food items, located adjacent to wellness center
32	Providence	Pantry	Project Outreach 1520 Broad St. Providence, RI 02905	(401) 941-2212	Open: Wed, Thurs 8-11am Thrift store and social workers available
33	Providence	Pantry	Mary House 244 Smith St. Providence, RI 02908	(401) 274-6286 maryhouserri.org	Open: Thurs 9-11:30am Distribute pre bagged food and toiletries
34	Providence	Meal Site	Better Lives Rhode Island 134 Mathewson St. Providence, RI 02903	(401) 454-7422 betterlivesri.org/services	Open: Fri 4-5:30pm Also offer free legal clinic, health screenings, vaccination, etc
35	Providence	Pantry	Better Lives Rhode Island 15 Hayes St. Providence, RI 02908	(401) 454-7422 betterlivesri.org/services	Open: Mon 12-4pm, Tues-Fri 9am-1pm
36	Providence	Pantry	DaVinci Center for Community Progress 470 Charles St. Providence, RI 02904	(401) 272-7474 davincicenter.org	Open: Mon-Fri 12-1pm
37	Providence	Meal Site	Fox Point Manor 575 Wickenden St. Providence, RI 02903	(401) 751-7372	Meals served Wed and Fri 12-1pm

38	Riverside	Pantry, meal site	Good Neighbors Pantry 55 Turner Ave. Riverside, RI 02915	(401) 433-0045 goodneighborsri.org	Pantry open every Wed 9am-12pm Lunch served everyday at 11:30am
39	Rumford	Pantry	Bread of Life Food Pantry 100 Newman Ave. Rumford, RI 02916	(401) 434-4742	
40	South Kingstown	Pantry	Jonnycake Center Food Pantry 22 Kersey Rd. South Kingstown, RI 02879	(401) 789-1559 jonnycake.org	Open: Mon, Fri 9am-2pm; Wed 12-6pm, Sat 10am-2pm Also offer social services
41	Warwick	Pantry	Westbay Community Action 487 Jefferson Blvd. Warwick, RI 02886	(401) 732-4660 westbaycap.org	Open: Mon-Fri 8:30am-4:30pm Uses nutritional point system to ensure all clients get a balanced and nutritious diet
42	Warwick	Pantry	Saint Rita's Church Pantry 722 Oakland Beach Ave. Warwick, RI 02889	(401) 738-1800	Open: Wed 10-11:30am
43	Westerly	Pantry	Jonnycake Center 23 Industrial Dr. Westerly, RI 02891	(401) 377-8069 jonnycake.org	Open: Mon 12-3pm, Tues-Sat 9am-12pm Also offers social services and thrift store
44	Westerly	Meal Site	Warm Center 56 Spruce St. Westerly, RI 02891	(401) 596-9276 warmcenter.org	Open: Everyday 12-1pm, 5:30-6:30pm Also offers emergency shelter and summer lunch program
45	Westerly	Pantry	Tri-County CAP Westerly 34 Pond St. Westerly, RI 02891	(401) 604-0098	Open: last Tues of each month 1:30-3:30pm
46	West Warwick	Meal Site	West Warwick Senior Center Meal Site 145 Washington St. #5015 West Warwick, RI 02893	(401) 822-4450	Open: Mon-Fri 8:30am-4pm Focus on elderly populations in need
47	West Warwick	Pantry	Project Hand Up 15 Factory St. West Warwick, RI 02893	(401) 965-9050 projecthandup.net	Open: Tues, Thurs 3-5pm; Fri 3-4:30pm Focus on veterans in need
48	West Warwick	Meal site	WARM Center Meal Site Program 54 Spruce St. West Warwick, RI 02891	(401) 596-9276	Lunch served everyday 12-1pm, dinner served everyday 5-6pm

49	Woonsocket	Pantry	Connecting for Children & Families 46 Hope St. Woonsocket, RI 02895	(401) 766-3384 ccfcenter.org	Open: Mon-Fri 8:30am-5pm No documentation or proof of residency required
50	Woonsocket	Pantry	SVDP Bryan's Pantry 190 N Main St. Woonsocket, RI 02895	(401) 766-3088	Open: Thurs 10am-11pm Request taken over phone or through home visits