

SupplyHopeInfo's Resource List

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SupplyHopeInfo has compiled a list to help your family during COVID-19. This list includes resources to help with rent, food, and money. There are summaries of ways these organizations are helping and ways to contact them to receive their support.

*tap on the name (blue & underlined) to go to the resource's website

ABOUT COVID-19

- [Colorín Colorado](#)
 - Bilingual site that offers educational support and resources for English language learners
- [SF COVID-19 Information](#)
 - Reliable information and services about COVID-19 within the city
- [Coping and Self Care Tips During COVID-19](#)
 - Offers different tips and resources to help cope during Covid-19
- [Collection of podcasts, poetry and meditations](#)
 - Can help process and reflect on what is going on during Covid-19

24 HOUR HOTLINES

- National Suicide Prevention Hotline
 - Call 1-800-273-8255
- Veteran's Suicide Hotline:
 - Call (800)-273-8255
- 24hr Child Crisis
 - In case of de-escalation and hospitalization
 - Call (415)-970-3800
- Crisis Hotline/SF Suicide Prevention Hotline
 - Call (415)-781-0500
- Child & Adolescent Sexual Abuse Resource Center:
 - Call (415)-206-8386
- California Youth Crisis Line:
 - Call (800)-843-5200
- Adult Protective Services:
 - Call (415)-355-6700 or (800)-814-0009
- Sexual Assault Hotline:
 - Call (800)-656-4673

- SF Women Against Rapes
 - Call (415)-647-7273
 - Center for Domestic Peace: Abused Women's Hotline:
 - Call (415)-924-6616 (English)
 - Call (415)-924-3456 (Spanish)
 - Asian Women's Shelter Crisis Line:
 - Call (415)-751-0880 or (877)-751-0880
 - Men's Crisis Line:
 - Call (415)-924-1070
 - [The Safe & Sound TALK Line](#)
 - If you're feeling stressed call (415)441-5437 for support, information, and services
 - National Runaway Switchboard:
 - Call (800)-786-2929
 - SAMHSA Disaster Distress Helpline:
 - Call 1-800-985-5990
 - Text "TalkWithUs 66746"
 - Huckleberry Youth Programs/Crisis Shelter Hotline
 - Call (415)621-2929
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CHILD SERVICES

- [Community Education Partnerships](#)
 - CEP offers remote learning and tutoring to homeless and highly mobile students
 - CONTACT:
 - info@cep.ngo
 - 510-903-1063
 - CEP will return to in-person tutoring after shelter-in-place ends
- [Boys & Girls Club of San Francisco](#)
 - Boys & Girls Club of SF hopes to enable all youth to meet their full potential within themselves. They offer different programs for educational support, community engagement, and more!
 - CONTACT:
 - 415-445-5437
- [California Child Care R&R Network](#)
 - A non-profit organization that offers child support through different resources and referrals in order to help parents, child care providers, and local communities.
 - CONTACT:
 - 415-882-0234
- [iFoster](#)

- iFoster provides technology to youth in foster care and care providers who serve them
 - [Phones for Foster Youth Application](#)
 - CONTACT:
 - 1-855-936-7837
 - support@ifoster.org
 - [Together We Rise](#)
 - Together We Rise provides programs and services to help children in foster care
 - CONTACT:
 - 714-784-6760
 - info@togetherwerise.org
 - [One Simple Wish](#)
 - One Simple Wish helps children and youth who are impacted by foster care, abuse and neglect
 - They share wishes of children around the world support them through received online grants
 - They offer a [laptop form request](#) where children out of foster care can receive a laptop
 - CONTACT:
 - (609) 883-8484
 - info@onesimplewish.org
 - [Child Care Coordinating Council](#)
 - 4Cs of San Mateo County offers support to parents, providers and the community with planning, paying, and accessing child care. They also provide resources and services to children and family needs like food, mental health, and more!
 - CONTACT:
 - (650) 517-1400
 - info@sanmateo4cs.org
 - [A list of e-learning tools by the SFPL](#)
 - Some of the resources include free DMV practice tests, computer tutorials and job skills, language learning programs and homework help.
 - Check out their website for more information.
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COVID-19 TESTING

- [Find out about free or local testing in SF](#)
 - You can get tested at one of the locations by making an appointment: <https://datasf.org/covid19-testing-locations/>
 - Wear a facemask when you arrive
 - Your test will be reported to SFPD and the state
 - If you test positive, your home county's public health department will call you

FAMILY SUPPORT SERVICES

- [Homeless Prenatal Program](#)
 - HPP's mission is to help break the cycle of childhood poverty by empowering low-income families and homeless. HPP offers support in housing, economic stability, and more.
 - CONTACT:
 - info@homelessprenatal.org
 - 415-546-6756
 - Justin Zerber (Senior Program and Operations Manager):
Justin@supplybank.org
- [GLIDE](#)
 - GLIDE is helping to address rising unemployment, food insecurity, and other vulnerabilities among unhoused and low income people during the covid 19 crisis.
 - They have multiple different programs to address this issue including: meals distribution, family services, HIV and Hep C testing, harm reduction outreach, integrated case management, and violence prevention.
 - Visit their website to seek help
- [Vietnamese Youth Development Center](#)
 - VYDC helps to support Vietnamese, Cambodian, Laotian, urban youth and their families
 - CONTACT:
 - 415-771-2600
 - info@vydc.org
 - VYDC staff can speak Khmer, Thai, and Vietnamese
- [Gatepath's Family Resource Center](#)
 - Gatepath's FRC offers support, information, and resources to families of children with special needs or disabilities
 - Currently providing virtual support
 - CONTACT:
 - 650-259-0189
 - info@smcfrc.org
- [San Francisco Diaper Bank](#)
 - Find a location near you for free diapers. To receive these diapers you must be eligible for CalWORKS and CalFresh and have children under the age of 3.
- [Institute on Aging 24-hour hotline](#)
 - Offers a 24-hour hotline to people over the age of 60, adults with disabilities and those who feel isolated.
 - Call 800-971-0016
- [SF LGBT resources](#)
 - This list was created by the SF LGBT Center to help anyone looking for services and support, LGBT-friendly businesses, or opportunities and training.
 - Call ahead for any in-person resources because of the shelter-in-place.

- [Oakland at Risk](#)
 - Pairs healthy low-risk adults with elders and immunocompromised people to help them get the support they need over several weeks
 - Together you will coordinate for the delivery of essential supplies like food and medication and have periodic check ins by phone or other methods.
 - [Sign up to get assistance through this link](#)
- [SF Pit Stops and Hand Washing Stations](#)
 - San Francisco has added public hand washing stations around the city to help combat the spread of covid 19.
 - It also helps to protect the homeless population by giving them access to soap and water.
 - [This is a map of Pit Stops and Hand Washing Stations in SF](#)
- [LifeMoves](#)
 - LifeMoves is helping to address and find solutions to homelessness in Silicon Valley
 - They provide interim shelters, motel voucher programs, safe parking lots, and a drop-in center that has two meals a day, a shower, and laundry facilities
 - Safe and Supportive Parking program provides a secure location for families living in their cars to stay overnight and access to LifeMoves services
 - The program runs from 7pm-7am everyday in 2 parking lots in San Jose
 - They also provide food, blankets and case-management services
 - The locations are **5585 Cottle Road, San Jose CA 95123 & 901 E Santa Clara st, San Jose CA 65116**
 - **669-238-6193**
 - They also offer family, single adult, and veteran services that provide resources like shelter, food, clothing and special programs
 - Visit their website to find out more about each service they offer
 - Call **2-1-1** or visit their drop in center at **33 Encina Avenue, Palo Alto CA 94301** (Tel: **650-853-8672**) to get help
- [Samaritan House](#)
 - Samaritan House is working to keep everyone fed, clothed, healthy and housed in San Mateo County
 - They offer food services, children's programs, health and dental services, case management, housing and shelter, school programs, holiday programs, financial coaching assistance, and a workers resource center
 - Visit their website to find out more
 - Call **(650) 347-3648** or visit **4031 Pacifica Blvd, San Mateo CA 94403 (Food Hours are Mon-Fri: 9-4pm & Thurs: 9-12pm)** for help
 - If you are in need of financial assistance, apply at <https://apply.samaritanhousesanmateo.org/>

FOOD PANTRIES/ BANKS

- [Free Meals Available for All Children in SF](#)

- Free grab and go meals are available Monday and Wednesday at certain sites: [Meal Sites](#)
 - On Monday they serve 2 days worth of breakfast, lunch and dinner
 - On Wednesday they serve 3 days worth of breakfast, lunch and dinner
 - The free meals will continue through summer
 - Parents can pick up the meals without the child present but must provide the child's date of birth or school and grade
 - Limit of 4 bags per person
- [SF Marin's Pop-Up Pantries](#)
 - Within the San Francisco and Marin Counties, SF Food Bank offers free packaged food and fresh produce. Find out if there are any pop-up pantries near you!
- [Get Food Resources](#)
 - Get a variety of food resources such as signing up for CalFresh, WIC benefits, and more!
- [Apply for CalFresh](#)
 - Apply for California' food stamps (SNAPS) program!
- [San Francisco Rent Support](#)
 - Get help with rental issues, evictions and more.
 - For free counseling call (415) 252-4631 (telephone service is available in 20 different languages)
- [Bay Area COVID-19 Relief Application](#)
 - Application for Bay Area immigrant youths who have lost income due to Shelter-in-Place
- [Simply the Basics](#)
 - Simply the Basics is a Hygiene Bank that provides hygiene needs to individuals experiencing homelessness or those at risk of it.
 - CONTACT:
 - admin@simplythebasics.org
- [Apply for WIC \(Women, Infants, Children\) food benefits](#)
 - WIC is helping families by providing nutrition education, breastfeeding support, a WIC card to buy food at grocery stores and referrals to healthcare and other community services.
 - They serve babies and children up to 5 years old, pregnant women, new mothers, dads, grandparents, foster parents of young children, and working families.
- [Great Plates Delivered SF](#)
 - A temporary food program (until June 10th) that serves older adults at risk for COVID-19.
 - They provide 3 free restaurant meals a day.
 - Call (415)-355-6700 or fill out the online interest form to enroll.
- [SF/Bay Area Mutual Aid Support: Vegan & Low-Waste Care Kit Support](#)

- This form is for vegan and low waste food kits. They prioritize the most vulnerable like homeless, elderly, those with economic instability within the community.
 - [Special Store Hours](#)
 - Stores like Whole Foods and Safeway (in the Bay Area) are offering special hours for senior citizens and at-risk people.
 - Contact your local stores to find out if they are offering this.
 - [Wells Fargo](#)
 - Wells Fargo is cashing stimulus paychecks for non-customers with no fee.
 - They are suspending residential property foreclosure sales, evictions, and involuntary automobile repossessions.
 - They are offering fee waivers, payment deferrals, and other assistance for credit cards, auto, mortgage, small business, and personal lending customers who contact them (this is on a case-by-case basis).
 - You can find out more information about this and other resources they offer by checking their website or calling them.
 - [Instacart](#)
 - Instacart expects to bring on 54,000 new full-service shoppers, providing more jobs to those who need it.
 - They offer in-app wellness checks, “Leave at My Door” delivers, emergency assistance and more.
 - Check out their website for more information.
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SUPPLEMENTAL MONEY

- [CAP-EBT](#)
 - Supplemental money to help purchase food. If eligible, you may receive up to \$365 per child.
 - Please note eligibility and deadlines
 - [Boosts Resilience Fund](#)
 - Boost provides a one time \$300 grant for low-income families to allow students to cover fees for education and other activities
 - [COVID-19 Financial Assistance Program](#)
 - To be eligible you must be a Santa Clara County resident and have a household income less than 30% of the area's median income prior to COVID-19 crisis.
 - Eligible households can receive up to \$1,000 for each eligible individual
 - [OnwardCA](#)
 - OnwardCA provides resources and connections for money, shelter, child, support, job searches, and more!
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RESOURCES FOR IMMIGRANTS

- [Unemployment Benefits for DACA holders](#)
 - DACA holders can get unemployment benefits in California if they have been laid off or lost hours due to the coronavirus crisis.
 - [California Immigrant Youth Justice Alliance](#)
 - CIYJA is an immigrant youth-led alliance working to build collective power and advance pro-immigrant policies through state-wide grassroots efforts.
 - During the pandemic they have been supporting undocumented members not able to receive federal funds because of their status, ending immigrant detention and working on their “Power Not Panic Undocumented Resource” guide.
 - [Undocumented Workers Support](#)
 - Direct assistance for undocumented workers and families affected by COVID-19. The fund helps to provide support to those who live, work, or have recently lost work in the San Francisco city and county.
 - [La Cooperativa Campesina](#)
 - La Cooperativa Campesina is a statewide association of nonprofits focused on improving and supporting the lives of farmworkers, their families and rural communities.
 - They have been providing emergency services including housing assistance, childcare, food banks, workforce training and more.
 - [Immigrants Rising](#)
 - Immigrants Rising provides resources and services to immigrants through educational and financial support
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TRANSIT

- [SFMTA Essential Trips Card](#)
 - The Essential Trips Card help to assist seniors and adults with disabilities who need to do essential trips (grocery shopping or medical appointments)
 - They provide 2-3 round trips every month at 20% cost of a regular taxi
 - Call 311 from 9am to 4:45pm
- [Shop-a-Round \(SF Paratransit\)](#)
 - Shop-a-Round provides a low-cost shuttle or subsidized taxi ride to select supermarkets for seniors and people with disabilities
 - The drivers will help carry groceries on and off the vehicle
 - It is from 8am to 5pm
 - Call (415)-351-7000